OTIPM (Occupational Therapy Intervention Process Model)

A model for implementing top-down, client-centered, and occupation-based assessment, intervention and documentation.

Developed by Professor Anne G. Fisher, ScD, OT, FAOTA

OTIPM course

This 3-day course is ideal for occupational therapy practitioners, educators, and researchers who want to implement best possible occupation-based and occupation-focused services. The course content progresses step-by-step through the phases of the occupational therapy process. Lectures, video case examples, and extensive opportunities to practice enable the course participants to reflect on and learn strategies they can apply to improve their practice, educational activities, and research.

While this course is based on the Occupational Therapy Intervention Process Model (OTIPM, Fisher, 2009; Fisher & Jones, in press), the emphasis is on the practical application of the OTIPM as a professional reasoning model that helps the occupational therapist practice in a more client-centered, top-down, occupation-based, and occupation-focused manner. The occupational therapists who take this course find that they leave inspired to make their practice more centered on occupation.

A major premise of the OTIPM is that focusing our evaluations on the client’s quality of occupational performance, focusing our interventions directly on enhancing or maintaining occupational performance, and using occupation as a primary method for both evaluation and intervention all depend on a concurrent commitment to true top–down and client-centered practice. When we embrace these fundamental principles of occupation-based and occupation-focused services, occupational therapists will:

- Document measurable and occupation-focused baselines, goals, and outcomes
- Use occupation-based and occupation-focused evaluation and
- Advocate for and promote the distinct value of occupational therapy to consumers, third-party payers, and other professionals
- Value the contributions of occupational therapy to health care and health promotion

Background

Based on her 1998 Eleanor Clarke Slagle Lectureship, Professor Fisher brings together 50 years of experience to present a model for professional reasoning. The OTIPM is a professional reasoning model that occupational therapists can use to ensure that they adopt an *occupation-centered* (OC) perspective to guide their reasoning as they plan and implement *occupation-based* (OB) and *occupation-focused* (OF) services (Fisher, 2013).

In the OTIPM, the occupational therapy process is depicted as occurring over three global phases, evaluation and goal-setting, intervention, and reevaluation, and each step in the process may be OB, OF, or both (Fisher, 2013). The steps of the occupational therapy process defined in the OTIPM are represented schematically below (see Figure 1).

Who Should Attend?

- Occupational therapists who want to change their practice and implement services that are occupation-based and occupation-focused.
- Occupational therapists who already practice in a manner with which they are satisfied—attending this course will enable them to reflect on and evaluate their current practice and
identify components that they can further improve so as to become even more occupation-centered.

- Occupational therapist who want to change practice and are struggling with where to start in order to overcome the many obstacles that limit what they can do.

**Course Description**

While the OTIPM is a professional reasoning model, the emphasis of this course is on the practical application of the OTIPM in practice. A variety of individual and group activities provide the course participants with opportunities to implement (a) non-standardized occupation-focused and occupation-based evaluations of quality of a person’s occupational performance, including the performance of daily life tasks that involve social interaction, and (b) occupation-focused documentation. Video case examples are used to reinforce learning.

**Course Objectives**

At the conclusion of a 3-day OTIPM workshop, the participants will understand:

- The occupation-centered professional reasoning process defined in the OTIPM
- Distinctions between occupation-centered reasoning and occupation-based and occupation-focused practice
- The various types of evaluations and interventions occupational therapists commonly use and which ones are occupation-based or occupation-focused
- How to apply true top-down and occupation-centered reasoning in the context of implementing occupation-based and occupation-focused services
- How to implement non-standardized observation-based performance analyses of a person’s quality of occupational performance
- How to write occupation-focused documentation, including observable and measureable client-centered goals
- When and how to link other occupational therapy models of practice and evaluation methods into the occupational therapy intervention process

**Course Schedule**

**Day 1**

8:30-10:00 Introduction to the course. Developing a common language
10:00-10:30 Break
10:30-12:00 Introduction to the OTIPM
   Case application — Client-centered performance context
12:00-1:15 Lunch
1:15-3:00 Case application — Client-centered performance context (continued)
3:00-3:30 Break
3:30-4:30 Document background information, reason for referral, and self-reported level of occupational performance

**Day 2**

8:30-10:00 Case application — Implement performance analysis (motor and process skills)
10:00-10:30 Break
10:30-12:00 Case application — Document baseline level of performance and client-centered goals
12:00-1:15 Lunch
1:15-3:00 Case application — Document client-centered goals (continued)
3:00-3:30 Break
3:30-4:30 Case application — Plan intervention
   Document intervention plan
   Reevaluate and document result
Day 3

8:30-9:15  Introduction to a general OT program based on OTIPM
9:15-10:00  Case application — Implement performance analysis (social interaction skills)
10:00-10:30  Break
10:30-12:00  Case application — Document baseline level of performance and client-centered, occupation-focused goals
12:00-1:15  Lunch
1:15-1:45  Case application — Plan intervention and evaluate results
1:45-3:00  Framing function from an unique occupational therapy perspective
Some final thoughts
Implementing changes in practice — Overcoming obstacles
3:00-3:30  Break
3:30-4:30  Implementing changes in practice — Overcoming obstacles (continued)
Final reflections

Note. The schedule presented here may vary, depending on group interest and needs. Exact times for breaks and lunch also may vary slightly, depending on the schedule of the course setting.

Course date & location:
This 3 day course ‘OTIPM’ takes place on Wednesday June 27th, Thursday June 28th and Friday June 29th 2018 from 8:30 am to 4:30 pm at ‘Van der Valk Hotel Gilze-Tilburg, Klein Zwitserland 8, 5126 TA te Gilze’.

Costs of this course:
Members EN/VE: € 625,-
If not: € 825,-
These prices are including tax, course materials, catering on course-days, and free parking

Accreditation & certification
Accreditation is requested by Ergotherapie Nederland. Participants receive a certification after concluding the course.

Course Conditions
De cursus conditions can be downloaded here.

Sign in

Selected References

(Notice. For additional references, go to http://www.innovativeotsolutions.com/content/otipm/references/)